

Get **Connected!**

Families Connecting

A Healthy Baby Community Support Program

Families Connecting groups help pregnant people and new parents meet with other parents, families, and health professionals. Healthy snack, coupons for free milk*, bus tokens, and childcare for older children are also available.

**Milk coupons provided for pregnant people and up to six months postnatal.*

Tuesdays

9:45 - 11:45am
1:30 - 3:00 p.m.

Fort Rouge Leisure Centre
Transcona Memorial United Church

625 Osborne St
209 Yale Ave W

Wednesdays

9:45 - 11:45 a.m.
1:00 - 3:00 p.m.

Mayfair Recreation Centre
Access River East

40 Mayfair Pl
975 Henderson Hwy

Thursdays

1:00 - 3:00 p.m.

East Elmwood Community Centre

490 Keenleyside St

Fridays

10:00 a.m. - noon

Seven Oaks Adult Learning Centre

950 Jefferson Ave

There is no pre-registration required, drop in when you can.

For more information contact:

 204-947-2422 ext. 113
1-866-947-1517

 mothersprogram@womenshealthclinic.org

www.womenshealthclinic.org



women's
health clinic